

Gliding Frequency Reference Card

Notify changes to paul@ruskin.me.uk

V14 21-Mar-24

TP	Airfield	Freq	TP	Airfield	Freq
ABO	Aboyne	118.665	HAD	Halesland	129.060
ABB	Abingdon	122.100	HAL	Halton	130.425
AST	Aston Down	118.665	HCN	Hinderclay Mdws	135.480
BIC	Bicester	118.390	HIN	Hinton	119.455
BID	Bidford	118.685	HTN	Honington	124.105
BOO	Booker	126.555	HUS	HusBos	127.580
BR1	Bognor Regis	129.980	KEE	Keevil	130.290
BRT	Brentor	130.105	KEN	Kenley	119.760
BRN	Burn	130.290	KIR	Kirton in Lindsey	129.980
			LAS	Lasham	131.030
BVT	Eyers Field	132.910	LLE	Lleweni Parc	129.060
CHP	Chipping	118.685	LLR	Llanbedr	118.930
CLD	Culdrose (4)	134.050	LLS	Llantysilio	133.565
CLK	Challock	122.915	LRI	Little Rissington	120.775
CPH	Camphill	124.965	LYV	Lyveden	129.980
CRA	Cranwell Nth (5)	129.060	MWP	Middle Wallop (1)	118.600
CRL	Crowland	129.980	MIL	Milfield	124.965
CSF	Cosford	135.875	MYN	Long Mynd	123.815
CUR	Currock Hill	125.185	NHL	North Hill	129.905
	Darley Moor	135.480	NYM	Nympsfield	129.980
DRL	Darlton	118.685	OBA	Oban	118.055
DUN	Dunstable	119.905	ODI	Odiham (2)	131.300
EAG	Eaglescott	123.010	PAR	Parham	124.965
EAS	Easterton	130.105	POC	Pocklington	122.915
EDG	Edgehill	129.980	POR	Portmoak	122.915
ENS	Enstone	129.880	PRK	The Park	133.565
FAL	Falgunzeon	129.965	RDN	Rattlesden	130.290
FES	Feshiebridge	118.685	RIN	Ringmer	129.965
GRL	Gransden Lodge	131.280	RIV	Rivar Hill	129.980

TP	Airfield	Freq	TP	Airfield	Freq
RIW	Ridgewell	132.910	SNI	Snitterfield	125.185
RUF	Rufforth	123.815	SUT	Sutton Bank	118.665
SAC	Sackville	135.480	TAL	Talgarth	122.915
SAN	Sandhill Farm	129.980	TIB	Tibenham	133.565
SBB	Strubby	129.980	UPA	Upavon	124.100
SBY	Saltby	129.965	UPW	Upwood	129.980
SE2	Seighford	132.910	USK	Usk	129.980
SHO	Shobdon	118.155	WOG	Weston..Green (3)	129.980
SHY	Shawbury	133.150	WRM	Wormingford	123.815
SLE	Sleap	122.455	WSM	Wattisham	125.800
			YTN	Yeovilton	127.350

Common Frequencies

Primary Use	Secondary use / notes	Frequency	FL
Ground retrieval	Para / Hang-glider	129.905	FL40
Common glider field frequency	Within 10nm and 3000 ft of airfields	129.980 118.685	FL40
Cross-country situational awareness	Competition	130.105 130.130	FL40
Cloud flying	Other Sit Awareness	130.535	FL100
Competition	Coaching	129.890 130.405	FL40
Safetycom		135.480	

Frequencies are first point of contact for x-country gliders

1 PNGC weekends only

2 Kestrel GC on 119.225 when Odiham App inactive

3 Only when EGD129 inactive

4 Seahawk GC on 118.685 when Culdrose closed

5 Weekends. Join from North - avoid airfield



Gliding Frequency Reference Card

Notify changes to paul@ruskin.me.uk

V14 21-Mar-24

TP	Airfield	Freq	TP	Airfield	Freq
ABO	Aboyne	118.665	HAD	Halesland	129.060
ABB	Abingdon	122.100	HAL	Halton	130.425
AST	Aston Down	118.665	HCN	Hinderclay Mdws	135.480
BIC	Bicester	118.390	HIN	Hinton	119.455
BID	Bidford	118.685	HTN	Honington	124.105
BOO	Booker	126.555	HUS	HusBos	127.580
BR1	Bognor Regis	129.980	KEE	Keevil	130.290
BRT	Brentor	130.105	KEN	Kenley	119.760
BRN	Burn	130.290	KIR	Kirton in Lindsey	129.980
			LAS	Lasham	131.030
BVT	Eyers Field	132.910	LLE	Lleweni Parc	129.060
CHP	Chipping	118.685	LLR	Llanbedr	118.930
CLD	Culdrose (4)	134.050	LLS	Llantysilio	133.565
CLK	Challock	122.915	LRI	Little Rissington	120.775
CPH	Camphill	124.965	LYV	Lyveden	129.980
CRA	Cranwell Nth (5)	129.060	MWP	Middle Wallop (1)	118.600
CRL	Crowland	129.980	MIL	Milfield	124.965
CSF	Cosford	135.875	MYN	Long Mynd	123.815
CUR	Currock Hill	125.185	NHL	North Hill	129.905
	Darley Moor	135.480	NYM	Nympsfield	129.980
DRL	Darlton	118.685	OBA	Oban	118.055
DUN	Dunstable	119.905	ODI	Odiham (2)	131.300
EAG	Eaglescott	123.010	PAR	Parham	124.965
EAS	Easterton	130.105	POC	Pocklington	122.915
EDG	Edgehill	129.980	POR	Portmoak	122.915
ENS	Enstone	129.880	PRK	The Park	133.565
FAL	Falgunzeon	129.965	RDN	Rattlesden	130.290
FES	Feshiebridge	118.685	RIN	Ringmer	129.965
GRL	Gransden Lodge	131.280	RIV	Rivar Hill	129.980

TP	Airfield	Freq	TP	Airfield	Freq
RIW	Ridgewell	132.910	SNI	Snitterfield	125.185
RUF	Rufforth	123.815	SUT	Sutton Bank	118.665
SAC	Sackville	135.480	TAL	Talgarth	122.915
SAN	Sandhill Farm	129.980	TIB	Tibenham	133.565
SBB	Strubby	129.980	UPA	Upavon	124.100
SBY	Saltby	129.965	UPW	Upwood	129.980
SE2	Seighford	132.910	USK	Usk	129.980
SHO	Shobdon	118.155	WOG	Weston..Green (3)	129.980
SHY	Shawbury	133.150	WRM	Wormingford	123.815
SLE	Sleap	122.455	WSM	Wattisham	125.800
			YTN	Yeovilton	127.350

Common Frequencies

Primary Use	Secondary use / notes	Frequency	FL
Ground retrieval	Para / Hang-glider	129.905	FL40
Common glider field frequency	Within 10nm and 3000 ft of airfields	129.980 118.685	FL40
Cross-country situational awareness	Competition	130.105 130.130	FL40
Cloud flying	Other Sit Awareness	130.535	FL100
Competition	Coaching	129.890 130.405	FL40
Safetycom		135.480	

Frequencies are first point of contact for x-country gliders

1 PNGC weekends only

2 Kestrel GC on 119.225 when Odiham App inactive

3 Only when EGD129 inactive

4 Seahawk GC on 118.685 when Culdrose closed

5 Weekends. Join from North - avoid airfield



Version	Date	Changes
1	10-Jun-19	Original
2	07-Jul-19	Little Rissington -> 120.775 Strubby -> 129.980
3	31-Jul-19	Weston on the Green - note added
4	02-Jan-20	Seahawk - note added
5	03-Mar-20	RAT -> RDN
6	15-Jul-20	Bicester removed Note for Cranwell North added
7	31-Oct-20	Pocklington changed to 118.755 Minor textual changes
8	09-Feb-21	Pocklington reverted to 118.685 Middle Wallop now has a turnpoint (MWP) Shawbury added (SHY)
9	30-Jul-21	Kenley now using 120.775
10	19-Feb-22	Abingdon added on 129.980 Bellarena removed due space constraints Eaglescott changed to 123.010 Kenley changed to 119.760 Ridgewell changed to 118.685
11	05-Apr-22	Abingdon changed to 122.100
12	14-Mar-23	Bicester now 118.390 Hinderclay Meadows added Honington changed to 124.105 Llantysilio changed to 118.685 Marham deleted Parham now 118.685 Shenington changed to Edghill (Still EDG) Skelling Farm deleted Waldershare Park deleted
13	23-Jun-23	Barrow changed (no longer gliding field)
14	21-Mar-24	Aboyne 118.665 Aston Downe 118.665 Burn 130.290 Camphill 124.965 Challock 122.915 Cranwell North 129.060 Currock Hill 125.185 Eyres Field 132.910 Falgunzeon 129.965 Halesland 129.060 Keevil 130.290 Llantysilio 133.565 Lleweni Park 129.060 Long Mynd 123.815 Milfield 124.965 Parham 124.965 Pocklington 122.915 Portmoak 122.915 Rattlesden 130.290

Ridgewell 132.910
Ringmer 129.965
Rufforth 123.815
Saltby 129.965
Seighford 132.910
Snitterfield 125.185
Sutton Bank 118.665
Talgarth 122.915
The Park 133.565
Tibenham 133.565
Wormingford 123.815